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**Phyllis Yvonne Stickney Discusses Challenges Faced by African-American Women at Canticles Lounge**

*Actress/comedienne/activist Phyllis Yvonne Stickney will discuss the obstacles that African-American women still face in today's society.*



Lauren P. Raysor, Esq., attorney and author of "Living The Wealthy Life" and the soon-to-be-released "Being Broke Is Not A Lifestyle," has announced that actress/comedienne/activist Phyllis Yvonne Stickney will discuss the obstacles that African-American women still face in today's society. The discussion will take place prior to Ms. Stickney's stand-up act "Live & In Chocolate" at Canticles, located at 207 Lewis Avenue (at the corner of Lexington Avenue) in Brooklyn. Ms. Stickney's performance will take place February 3 at 9 p.m.

The discussion coincides with February being Black History Month and the release of "Dark Girls," Bill Duke's documentary film on how society's definition of beauty shapes the perception people have of dark-skinned women and how it affects these women's self-esteem. It is the first of a two-part discussion Ms. Stickney will offer.

Ms. Stickney is best known in films such as "New Jack City," "How Stella Got Her Groove Back" and "What's Love Got To Do With It" and her TV performances on BET's "ComicView." She has also performed with The National Black Theater Festival, The Shades of Black Theater Festival, The Urban World Film Festival, and

The Pan-African Film Festival, among others.

"We are pleased to welcome back Ms. Stickney to Canticles," Ms. Raysor said. "With Black History Month coming up in February, Ms. Stickney will offer her insights on how African-American women are still facing prejudice against society, not because of the color of their skin, but because of the darkness of their skin. What you will get from Ms. Stickney is a funny, spirited and intelligent discussion."

\*\* EDITOR'S NOTE: Ms. Stickney is available to speak with the media at Canticles on February 3 from 8:00 p.m. to 8:30 p.m. \*\*

\* Photo of Ms. Stickney is available upon request.

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